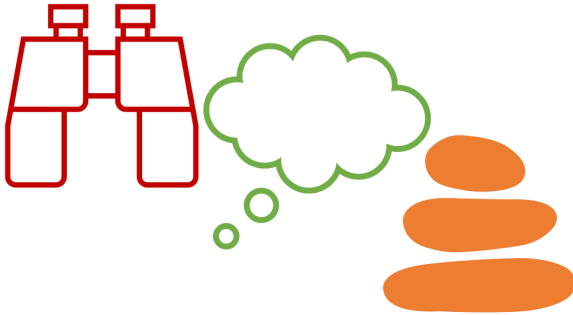


Session 9 : Equanimity Compassion

Equanimity



No High No Low
Only Free flow

Compassion: Empathy + Unconditionality

